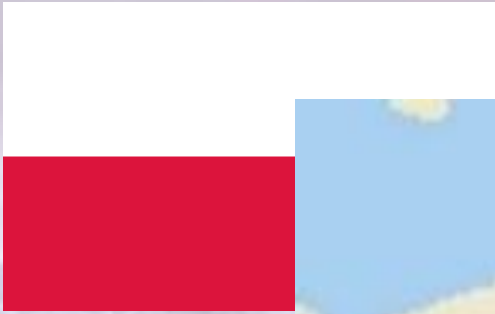




What we know from Poland from our visit

By: Portuguese Participants...

Nasdrovié



"Jeszcze P



History episodes we know about:

- Poland's role on the Thirty Year's War and the Westphalia peace treaty
- Conquered by Napoleon on his attempt at Russian domination
- Basically Poland became a region from the Russian empire and then resurrected after the first World War. Shortly after, Poland was invaded by Nazi forces again on attempts of European domination.
- Warsaw Pact which set the Eastern bloc of communist states allied to the Soviet Union

Sport



Music

- Polish people sing this song a lot: Ohohohhhh
- Their traditional music include classical elements like violin.
- Some of the musical background include the obvious russian influence, prussian tradition and of course Polish ancient tradition.

Politics

- Polish main ideology is Centre-Right according to last elections. The national-conservative side prevail and command the government.
- Left-winged parties are really minority which is totally the opposite of Portugal which has a socialist government.
- Poland is also one of the most eurosceptic countries and the most far-sided right.
- Liberals are also common amongst the population.

Traditional food

- We tried smoked cheese pastries and pierogi. But not anything else. So there's not that precise idea about Polish cuisine.
- Cuisine is based on where there is in the region. A lot of mushrooms, cheese, vegetables.
- Breakfast and dinner are basically the same thing, light meals. Lunch is heavier, but we have been eating bread with ham and cheese everyday.

Polish women

are very

Beautiful



Ethnic Background

- Polish people are Western Slavic people that are originated from the ancient Genghis Khan invasions with the Mongol Empire, that mixed the caucasian with the asian.
- They can be classified as Indo-European racially because of that.



A scenic winter landscape featuring snow-covered mountains, evergreen trees, and traditional wooden houses with steep roofs. The sky is a soft, pinkish hue, suggesting a sunrise or sunset. The foreground is a snow-covered slope.

Words/Expressions we learned

Nasdrovié

Pierogi

Cześć

Dzienkoia

Dziękuję

Name + Ucza means little baby (Klauducza)

Dobra

Tak

Prosze

Niegazowa

